



ACUPUNCTURE CANADA

DRY NEEDLING

TRAINING &
CERTIFICATION

Training and certification starts with the ACCDN Designation, made up of 2 courses:

Dry Needling Level 1

Using the trigger point approach, DN1 teaches needling techniques for muscles in the posterior and lateral hip, leg, and shoulder to address treatment of conditions such as strain of hip flexors, rotators, piriformis syndrome, hamstring strain, Achille's tendinitis, strain from immobilization in casts, posterior rotator cuff, ankle strain/sprain, shin splints, and knee strain.

Dry Needling Level 2

After some experience from DN1, DN2 moves into more dangerous areas of the body, teaching muscles in the lumbar spine/anterior hip, cervical spine and scapular region, scapulohumeral region/rotator cuff, scapulothoracic region, chest and arms.

Safety is emphasized throughout our courses.

Also available, Dry Needling Level 3:
Advanced Techniques

2025 IN WINNIPEG

**DN1, May 30-June 1, 2025
with online start of May 9th**

**DN2, November 21-23, 2025
with online start of October 31st**

Course fee: \$1,449 plus tax (\$1,359 for Acupuncture Canada members).

All courses combine online study with in-person, hands-on skills training.

The online component:

- is 3 weeks long and is paced,
- includes videos, narrated PPTs,
- and includes research and case management assignments, and written test.

The intensive onsite component:

- is 3 days of in-person practice,
- students work in small groups with experienced instructors,
- practical evaluation on the last day.

Why choose us:

- experienced instructors who work with you in small groups
- convenient locations across Canada
- online study modules to enhance learning.

What do our students say?

"This course was awesome! I loved how much hands on practice we had throughout the 3 days and I felt super supported & encouraged."

Jennifer Ko, MScPT, Alberta

