



Manitoba  
Physiotherapy  
Association

Association  
manitobaine de  
physiothérapie

## Winnipeg Physiotherapy Clinics

# 2022

### Downtown / Point Douglas

**Adhargas Physical Therapy**  
2-51 Heaton Ave  
Winnipeg, R3B 0J4  
204 999 7618  
adhargaspt.com

**Beverly Physiotherapy**  
747 Ellice Ave  
Winnipeg, R3G 0B5  
204 774 8385  
beverlyphysiotherapy.com

**Concourse Sports/Ergonomic Physiotherapy**  
201 Portage Ave  
Winnipeg, R3B 3K6  
204 943 8411  
yourphysio.com

**Elite Sports Injury - Downtown**  
394 Graham Ave  
Winnipeg, R3C 0L4  
204 926 2240  
physiowinnipeg.com

**Graham Physiotherapy & Sport Injury Clinic**  
425 St. Mary Ave  
Winnipeg, R3C 0N2  
204 947 0855  
grahamphysiotherapy@gmail.com

**Physiotherapy Works! an inMotion Clinic**  
401-83 Garry St  
Winnipeg, R3C 4J5  
204 942 2463  
InMotionnetwork.ca

**Precision Movement & Therapies**  
164 Fort St  
Winnipeg, R3C 1C9  
204 943 0751  
precisionmovement.ca

**Sport Manitoba Clinic**  
145 Pacific Ave  
Winnipeg, R3B 2Z6  
204 925 5944  
sportmanitoba.ca/clinic/

### Fort Garry / River Heights

**Bridgwater Physiotherapy (on Taylor Ave)**  
70-1580 Taylor Avenue  
Winnipeg, R3N 2A7  
204 615 8804  
bridgwaterphysiotherapy.ca

**Complete Physiotherapy- Bridgwater**  
1-395 Centre St.  
Winnipeg, R3Y 2C7  
204 306 3801  
completephysiotherapy.ca

**Dona Watts-Hutchings Physical Therapy**  
200 - 6640 Roblin Blvd  
Winnipeg, R3R 2P9  
204 782 9512  
donawattshutchings.com

**Donna Sarna Physiotherapy and Rehabilitation**  
102-897 Corydon Ave  
Winnipeg, R3M 0W7  
204 452 2608  
dsphysio.com

**Elite Sports Injury - Bridgwater**  
320-400 North Town Rd  
Winnipeg, R3Y 0Y3  
204 926 2218  
physiowinnipeg.com

**Fort Richmond Physiotherapy**  
30-2866 Pembina Highway  
Winnipeg, R3T 2J1  
204 275 6582  
fortrichmondphysiotherapy.vpweb.ca

**Green Hand to Shoulder Physiotherapy**  
206-530 Kenaston Blvd  
Winnipeg, R3N 1Z4  
204 488 9811  
handphysio.org

**Impact Physiotherapy**  
2B-756 Pembina Highway  
Winnipeg, R3M 2M7  
204 453 3290  
impactphysiowinnipeg.com

**Lifemark Nature Park Way**  
76 Nature Park Way  
Winnipeg, R3P 0X8  
204 478 6480  
lifemark.ca

**Markham Physiotherapy Clinic**  
308-2265 Pembina Highway  
Winnipeg, R3T 5J3  
204 275 3698  
markhamphysiotherapy.net

**NorthStar Physiotherapy Centre**  
5-871 Waverley Street  
Winnipeg, R3T5P4  
204 253 6117  
northstarphysiotherapy.ca

**Pan Am Rehabilitation Services**  
75 Poseidon Bay  
Winnipeg, R3M 3E4  
204 927 2660  
panamclinic.org

**Pembina Physiotherapy & Sports Injury Clinic**  
11-2077 Pembina Hwy  
Winnipeg, R3T 5J9  
204 261 7190  
peminaphysiotherapy.com

**Physiotherapy 'n Balance**  
627 Dudley Ave  
Winnipeg, R3M 1P5  
204 793 1471  
physiotherapybalance.com

**Prairie Trail Physiotherapy and Sports Injury Clinic**  
101-1345 Taylor Ave.  
Winnipeg, R3M 3Y9  
204 452 7142  
prairietrailphysio.ca

**Prota Clinic**  
4-930 Lorimer Blvd  
Winnipeg, R3P 1G1  
204 837 7682  
protaclinic.ca

**River Heights Physiotherapy**  
528 Waterloo St.  
Winnipeg, R3N 0T1  
204 987 9222  
riverheightsphysiotherapy.ca

**St. Norbert Physiotherapy**  
3497 Pembina Hwy.  
Winnipeg, R3V 1A4  
204 275 5774  
stnorbertphysio.ca

**Tuxedo Physiotherapy**  
156-2025 Corydon Ave  
Winnipeg, R3P 0N5  
204 885 1109  
tuxedophysiotherapy.com

### Fort Garry / River Heights (cont.)

**United Therapies Strive**  
Unit 2- 1140 Waverley St  
Winnipeg, R3T 0P4  
204 474 1320  
strivetraining.ca

**Up and Running Physiotherapy**  
3-651 Stafford St  
Winnipeg, R3M 2X7  
204 202 7226  
UpWpg.com

**Whyte Ridge Physical Therapy & Sports Injury Clinic**  
123 Scurfield Blvd Unit F  
Winnipeg, R3Y 1L6  
204 489 0118

### River East / Transcona

**Birds Hill Physiotherapy**  
A-3000 Birds Hill Road  
East St Paul, R2E 1J5  
204 654 2080  
birdshillphysio.ca

**Complete Physiotherapy**  
3-1115 Gateway Road  
Winnipeg, R2G 0A5  
204 661 1900  
completephysiotherapy.ca

**Concordia Physiotherapy and Sports Injury Clinic**  
112- 1100 Concordia Avenue  
Winnipeg, R2K 4B8  
204 663 5221

**East St. Paul Physiotherapy**  
3-3014 Henderson Highway  
East St Paul, R2E 0H9  
204 668 8996  
eaststpaulphysio.com

**Elite Sports Injury - Transcona**  
Unit 3 - 1480 Plessis Road  
Winnipeg, R2C 5R5  
204 926 2219  
physiowinnipeg.com

**Fit 4 Life Physiotherapy**  
3-2665 Henderson Hwy  
East St Paul, R2E 0C4  
204 813 3484  
fit4lifephysio.com

**Glen Young Physiotherapy**  
Unit N 1522 Regent Ave. W  
Winnipeg, R2C 3B4  
204 654 9917  
glenyoungphysiotherapy.com

**Henderson Physiotherapy**  
955 Henderson Hwy  
Winnipeg, R2K 2M2  
204 414 2030  
hendersonphysiotherapy.ca

**River East Physiotherapy and Sports Fitness Clinic - Henderson**  
1215-A Henderson Highway  
Winnipeg, R2G 1L8  
204 982 9191  
rivereastphysiotherapy.ca

**River East Physiotherapy and Sports Fitness Clinic - Rothesay**  
1204 Rothesay St.  
Winnipeg, R2G 1T7  
204 982 9195  
rivereastphysiotherapy.ca

### Seven Oaks / Inkster

**Cordova Physiotherapy**  
644 Leila Avenue  
Winnipeg, R2V 3N7  
204 414 9383  
cordovaphysio.com

**D'Arcy Bain Physiotherapy - McPhillips**  
100-2200 McPhillips St.  
Winnipeg, R2V 3P4  
204 694 2337  
winnipegphysio.com

**D'Arcy Bain Physiotherapy - North Main**  
108-2110 Main St  
Winnipeg, R2V 2C2  
204 338 0008  
winnipegphysio.com

**Integrated Therapies/ Waterford Rehab**  
Waterford Green Common Unit- F1  
Winnipeg, R2R 2Z9  
431 996 3500

**Maples Physiotherapy**  
12-1099 Kingsbury Ave  
Winnipeg, R2P 2P9  
204 888 8822

**Quinn Taylor Physiotherapy**  
81 Plymouth Street  
Winnipeg, R2X 2V5  
204 229 4026  
quinntaylorpt.ca

### St. Vital / St. Boniface

**D'Arcy Bain Physiotherapy - St. Vital**  
4-827 Dakota St.  
Winnipeg, R2M 5M2  
204 257 7678  
winnipegphysio.com

**Doug Christie Physiotherapy and Associates**  
400 Tache Ave, Lower level  
Winnipeg, R2H 3C3  
204 233 0419  
dougchristiephysiotherapy.com

**EastCity Physiotherapy: A Hand to Shoulder Clinic**  
1123 St. Mary's Road  
Winnipeg, R2M 3T7  
204 691 1529  
eastcityphysio.ca

**Elite Sports Injury - St. Vital**  
14, 160 Meadowood Drive  
Winnipeg, R2M 5L6  
204 888 3548  
physiowinnipeg.com

**Hunter Physiotherapy**  
L - 390 Provencher Boulevard  
Winnipeg, R2H 0H1  
204 235 1982  
hunterphysio.com

**LOCAL Physiotherapy**  
130-50 Lakewood Blvd.  
Winnipeg, R2J 2M6  
204 253 0588  
localphysiotherapy.ca

**Nova Physiotherapy / Incontinence & Pelvic Pain Clinic**  
101-575 St. Mary's Road  
Winnipeg, R2M 3L6  
204 982 9176  
nova-physio.com

### St. Vital / St. Boniface (cont.)

**Physio Source - In Windsor Park**  
1073 Autumnwood Drive  
Winnipeg, R2J 1C6  
204 255 1002  
physiosource.ca

**Sage Creek Physiotherapy an inMotion Clinic**  
803-50 Sage Creek Blvd  
Winnipeg, R3X 0J6  
204 253 6768  
inmotionnetwork.ca

**Seine River Physiotherapy**  
220-600 St. Anne's Rd  
Winnipeg, R2M 2S2  
204 415 5006  
seineriverphysio.ca

**South Osborne Physiotherapy**  
1-B 660 Osborne St.  
Winnipeg, R3L 2B6  
204 474 2234  
southosbornephysio.ca

**South Winnipeg Physiotherapy**  
484 St. Anne's Road  
Winnipeg, R2M 3E1  
204 272 6200  
southwinnipegphysio.ca

**Spire Physiotherapy**  
103-115 Sage Creek Blvd.  
Winnipeg, R3X 0J3  
431 317 3500  
spirephysiotherapy.com

**St. Vital Physiotherapy & Sports Injury Centre**  
L01 - 1555 ST Mary's Rd  
Winnipeg, R2M 5L9  
204 255 0597  
stvitalphysio.ca

**Vista Place Physiotherapy and Sports Injury Centre**  
K 1631 StMarys Rd  
Winnipeg, R2N 1Z4  
204 253 2165  
vistaplacephysio.ca

### St. James / Assiniboine South

**Creekside Physiotherapy an inMotion Clinic**  
633 Lodge Avenue  
Winnipeg, R3J 0S9  
204 832 6603  
inmotionnetwork.ca

**D'Arcy Bain Physiotherapy - St. James**  
120-3025 Portage Ave.  
Winnipeg, R3K 2E2  
204 889 8769  
winnipegphysio.com

**Elite Sports Injury - Assiniboine**  
Main Floor, 2591 Portage Ave  
Winnipeg, R3J 0P5  
204 926 2217  
physiowinnipeg.com

**Fort Whyte Physiotherapy**  
2090 Corydon Ave. Unit 7+8  
Winnipeg, R3P 1V5  
204 615 5235  
fortwhytephysio.com/

**Kenaston Common Physiotherapy**  
140-1580 Kenaston Blvd  
Winnipeg, R3P 0Y4  
204 489 4737  
kcpphysiotherapy.com

**Motion Science Physiotherapy**  
B101-2080 Ness Avenue, B101  
Winnipeg, R3J 0Z3  
204 414 4494  
motionsciencephysio.com

**Ness Physiotherapy and Sports Injury Clinic**  
3236 Portage Ave  
Winnipeg, R3K 0Y9  
204 953 1650  
nessphysiotherapy.com

**Paragon Physiotherapy**  
1445 Portage Ave.  
Winnipeg, R3G 3P4  
204 421 9177  
paragonphysio.ca

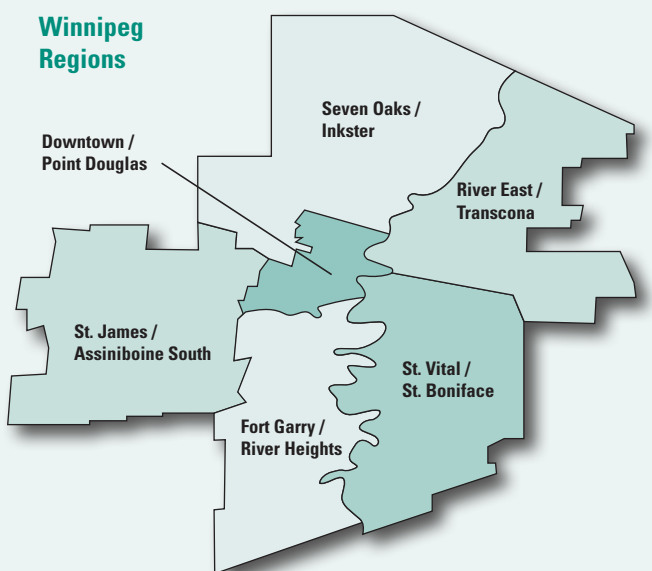
**Pure Lifestyle**  
1129 Empress Street  
Winnipeg, R3E 3H1  
204 688 2486  
purewinnipeg.com

**Rickie Walkden Mobile Physiotherapy**  
244 Nightingale Rd  
Winnipeg, R3J 3G3  
204 930 1368

**Silver Heights Physiotherapy**  
183 Bruce Avenue  
Winnipeg, R3J 0V2  
204 963 7369  
silverheightsphysio.ca

**St. James Rehabilitation Physiotherapy**  
1601A Silver Ave  
Winnipeg, R3J 4A1  
204 786 5944  
stjamesrehab.ca

### Winnipeg Regions





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## Rural Manitoba Physiotherapy Clinics

# 2022

### Prairie Mountain

- Badger Creek Physiotherapy**  
345 Davidson St  
Cartwright, R0K 0L0  
204 825 4190  
badgercreekpt.com
- Dynamic Physio**  
Unit 2, 1100 Richmond Ave  
Brandon, R7A 1M6  
204 721 1471  
dynamicphysio.net
- Element Physiotherapy**  
728 18th St  
Brandon, R7A 5B5  
204 728 4466  
elementphysio.ca
- Focus Physiotherapy and Sports Injury Clinic**  
Unit H 759 1st Street  
Brandon, R7A 2X5  
204 728 1212  
focusphysiotherapy.ca
- Parks Edge Physiotherapy**  
420 Main Street North  
Dauphin, R7N 1C8  
204 638 9642  
parksedgephysio.ca
- PhysioFirst**  
1129- 19th Street  
Brandon, R7B 3W2  
204 727 6806  
physiofirstclinic.ca
- PhysioFirst Virden**  
462 7th Avenue South  
Virden, R0M 2C0  
204 748 3608  
physiofirstclinic.ca
- Prairie Physiotherapy**  
312 Elm Street  
Shoal Lake, R0J 1Z0  
204 759 2225  
prairiephysiotherapy.com
- Revive Home Physiotherapy**  
131 Main St  
Roblin, R0L 1P0  
204 937 2358  
rvphysiotherapy.com
- Romy Russell Physiotherapy**  
1310 3rd St. N  
Swan River, R0L1Z0  
204 734 4167
- Southwest Mobile Physiotherapy**  
10-2010 Currie Blvd  
Brandon, R7B 4E7  
204 727 8170
- Stonehouse Physiotherapy**  
40 Stonehouse Street  
Neepawa, R0J 1H0  
204 704 0182  
stonehousephysio.ca
- Turtle Mountain Physiotherapy and Sports Injury Clinic**  
336 South Railway  
Boissevain, R0K 0E0  
204 534 7220
- West-Fit Physiotherapy & Sports Injury Clinic**  
1015-26th Street Unit 20  
Brandon, R7B 2B9  
204 727 4753  
wesfit.ca
- Westman Evaluation and Rehabilitation Center**  
42 McTavish Ave East  
Brandon, R7A 2B2  
204 725 3301  
westmanrehab.ca

### Interlake Eastern

- Agility Physiotherapy Clinic**  
71 2nd St  
Lac du Bonnet, R0E 1A0  
204 345 6601
- Beausejour Rehabilitation**  
536 Park Ave  
Beausejour, R0E 0C0  
204 268 2302  
beausejourrehab.com
- Gimli Physiotherapy**  
107 7th Avenue PO Box 1336  
Gimli, R0C 1B0  
204 642-8330  
gimliphysio.com
- Lac du Bonnet Physiotherapy**  
67 Park Ave  
Lac du Bonnet, R0E 1A0  
204 345 9015  
lacdubonnetphysio.ca
- Oakbank Physiotherapy**  
Unit 4, 30 Co-op Drive, P.O. Box 58  
Oakbank, R0E 1J0  
204 444 2198  
oakbankphysio.ca
- Pinawa Physiotherapy**  
30 Vanier Dr  
Pinawa, R0E 1L0  
204 753 2060
- Pine Ridge Physical Therapy- Beausejour**  
418 Park Ave.  
Beausejour, R0E 0C0  
204 268 2197  
pineridgephysio.ca
- Pine Ridge Physical Therapy- Oakbank**  
7-449 Main St.  
Oakbank, R0E 1J0  
204 202 6300  
pineridgephysio.ca
- Quarry Physiotherapy Arborg an inMotion Clinic**  
145 Sunset Blvd  
Arborg, R0C 0A0  
204 376 2406
- Quarry Physiotherapy Gimli an inMotion Clinic**  
41B Centre Street Gimli  
Gimli, R0C 1B0  
204 642 5353  
inmotionnetwork.ca
- Quarry Physiotherapy Stonewall an inMotion Clinic**  
3-347 Main St pob 918  
Stonewall, R0C 2Z0  
204 467 9101  
inmotionnetwork.ca

### Interlake Eastern (cont.)

- St. Andrews Physiotherapy, Sports Injury and Rehab Clinic**  
354 River Rd  
St. Andrews, R1A 3C9  
204 338 6561  
standrewsphysiotherapy.com
- Steelcity Physiotherapy**  
145 Main Street  
Selkirk, R1A 1R2  
204 785 2888  
steelcityphysio.ca
- Teulon Physiotherapy Clinic**  
71 Main Street, Box 210  
Teulon, R0C 3B0  
204 886 3742

### Southern

- Carman Physiotherapy**  
360 4th St SW  
Carman, R0G 0J0  
204 745 7246  
carmanphysiotherapy.ca
- Eastman Therapy Centre**  
Unit 6 380 Stonebridge Crossing  
Steinbach, R5G 2R1  
204 326 5150  
Eastmantherapy.ca
- Family Physiotherapy Clinic**  
23 Railway Avenue  
Sanford, R0G 2J0  
204 736 3374  
sanfordphysio@gmail.com
- Ile des Chenes Physiotherapy**  
104-430 Main Street  
Ile des Chenes, R0A 0T0  
204 878 4479  
iledeschenesphysiotherapy.com/
- Lorette Physiotherapy and Sports Injury Clinic**  
3-1321 Dawson Rd  
Lorette, R5K 0S2  
204 878 2064  
lorettephysio.com
- MacGregor Physiotherapy Clinic**  
24 Hampton St  
MacGregor, R0H 0R0  
204 685 2011  
macgregorphysio.com
- Morden Physiotherapy**  
484 Stephen St, P.O. Box 5031  
Morden, R6M 1Y9  
204 822 6824  
mordenphysiotherapy.ca
- Niverville Physiotherapy and Sport Injury Clinic**  
61 Main Street  
Niverville, R0A 1E0  
204 388 5217  
nivervillephysiotherapy.ca

- Pembina Valley Physiotherapy and Sports Injury Centre - Altona**  
2-217 5th Ave  
Altona, R0G 0B2  
204 324 6273  
pembinavalleyphysio.com
- Pembina Valley Physiotherapy and Sports Injury Centre - Carman**  
3-195 Main Street South  
Carman, R0G 0J0  
204 745 6335  
pembinavalleyphysio.com
- Pembina Valley Physiotherapy and Sports Injury Centre - Morden**  
327 North Railway  
Morden, R6M 1S9  
204 822 9366  
pembinavalleyphysio.com
- Pembina Valley Physiotherapy and Sports Injury Centre - Winkler**  
286 South Railway Ave  
Winkler, R6W 0M8  
204 325 8555  
pembinavalleyphysio.com
- Portage Physiotherapy an inMotion Clinic**  
57 Royal Rd N  
Portage la Prairie, R1N 1T9  
204 239 4730  
inmotionnetwork.ca
- Red River Physiotherapy & Wellness Centre - St. Jean**  
25 Centre Ave  
St Jean, R0G 2B0  
204 758 3249  
rrphysio.com
- Red River Physiotherapy & Wellness Centre - St. Pierre**  
388 Sabourin St  
St. Pierre, R0A 1V0  
204 433 3697  
rrphysio.com
- Red River Physiotherapy & Wellness Centre - Winkler**  
11 - 880 15th Street  
Winkler, R6W 0H5  
204 331 5903  
rrphysio.com
- Sainte Anne Physiotherapy and Sport Injury Centre**  
192 Centrale Ave  
Sainte Anne, R5H 1C1  
204 422 5080  
sainteannephysiotherapy.com
- Steinbach Physiotherapy and Sport Injury Clinic**  
2-145 Main Street  
Steinbach, R5G 1Y5  
204 326 4480  
steinbachphysiotherapy.ca
- Treherne Physiotherapy**  
252 Railway Ave  
Treherne, R0G 2V0  
204 723 2436  
trehernephysio.ca
- Winkler Physiotherapy**  
175 Roblin Blvd E  
Winkler, R6W 0H2  
204 331 6004  
winklerphysiotherapy.ca

### Northern

- Quarry Physiotherapy Gillam an inMotion Clinic**  
335 Railway Ave  
Gillam, R0B 0L0  
204 652 2245  
inmotionnetwork.ca

### Rural Manitoba Regions



### Home Therapy

- Amanda Reimer Mobile Physiotherapy**  
office@reimerphysio.ca  
Winnipeg  
204 979 1887  
reimerphysiotherapy.ca
- Children's Therapy Collective**  
info@childrenstherapycollective.com  
Winnipeg  
204 202 3259  
childrenstherapycollective.com
- Horizon Home Physiotherapy**  
horizonhomephysio@gmail.com  
Winnipeg  
431 388 7766  
Fax: 204 269 1460
- HTS Home Therapy Services**  
hometherapy.mb@gmail.com  
Winnipeg  
204 261 8735  
winnipegphysiotherapy.com
- Joint Endeavours Physiotherapy**  
joint.endeavours.physio@gmail.com  
Winnipeg  
204 781 5488
- Jon Tiessen Mobile Physio**  
jon\_tiennes@yahoo.ca  
Winnipeg  
204 330 6300
- Maria Lomuro Mobile Physiotherapy**  
info@lomurophysiotherapy.com  
Winnipeg  
204 955 5360  
lomurophysiotherapy.com
- Mobile Therapy Services**  
mobiletherapyservices@gmail.com  
Winnipeg  
204 228 8330  
mobiletherapyservices.ca