

Brenda graduated in 2006 from the University of Manitoba with her physiotherapy degree. After graduation, she moved to Yellowknife, NT where she worked at the Stanton Territorial Hospital in for 8 ½ years.

In 2015, Brenda returned to Winnipeg. She worked in private practice for three years. Brenda currently works in the physiotherapy department at the Health Sciences Centre as the Innovations and Best Practice Coordinator. Her role focuses on enhancing the use of evidence to inform physiotherapy practice, program development, planning and evaluation, and policy development.

Brenda completed her master's degree at the University of Manitoba in 2017. She studied how physiotherapists in Canada assess and treat people who have knee osteoarthritis. In the fall of 2019, Brenda began her PhD at the University of Manitoba. Her PhD focuses on partnered rehabilitation research.

In her spare time, Brenda runs, bikes, plays squash and pickleball. She also likes to read, knit, and paint.