



Manitoba
Physiotherapy
Association

Association
manitobaine de
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MPA - Board of Director Bio

Jessika graduated from the University of Manitoba in 2019 with a Bachelor of Recreation Management and Community Development, obtaining an Option in Aging.

Nearing the end of her bachelor's degree Jessika worked with the Underserved Populations Program at Cancer Care Manitoba where she was first exposed to the concept of health equity and the social determinants of health.

Following graduation, Jessika went on to join a team at Children's Hospital Research Institute of Manitoba and Communication Centre for Children, where she discovered her passion to get involved and promote accessibility.

Jessika is now completing her Master of Physical Therapy at the University of Manitoba.

During her program, Jessika has had the opportunity to complete her placements in a variety of both public and private practices such as: St. Boniface Hospital- Cardiac Surgery, Deer Lodge Centre- Geriatric Rehabilitation, Riverview Health Centre- Day Hospital, Nova Physiotherapy and Manitoba First Nations Education Resource Centre- School based therapy.

Jessika looks forward to continuing to improve access within the physiotherapy profession!