



Manitoba Association
Physiotherapy Association
Association manitobaine de
physiothérapie

Jessika first graduated from the University of Manitoba in 2019 with a Bachelor of Recreation Management and Community Development, obtaining an Option in Aging.

Nearing the end of her bachelor's degree Jessika worked with the Underserved Populations Program at Cancer Care Manitoba where she was first exposed to the concept of health equity and the social determinants of health.

Following graduation, Jessika went on to join the teams at Children's Hospital Research Institute of Manitoba and Communication Centre for Children, where she discovered her passion to get involved and promote accessibility.

Jessika later went on to complete a Master of Physical Therapy at the University of Manitoba, graduating in 2022.

Jessika now works at St Amant in community-based care for paediatrics. Jessika continues her contribution towards her passion of the promotion of health equity and accessibility through her initiatives with the MPA.