



Integrated Dry Needling Fall 2026 Winnipeg

Location: Prairie Trail Physiotherapy, 1-1190 Taylor Ave, Winnipeg, Manitoba

Dates:

- Online lectures 2026: September 15 & 22 (7-9pm CST)
- Practical Sessions 2026:
 - September 26-27
 - October 24-25
 - December 5-6

Course Description: Intramuscular Dry Needling (IDN) can be an effective and useful adjunct to an overall treatment program for our orthopaedic and neuro-orthopaedic patients. This course is designed to cover dry needling techniques for the whole body for varied musculoskeletal conditions. Learning will take place through a combination of synchronous online sessions and in person practical sessions. These sessions will prepare you for the application and integration of dry needling to your caseload. The IDN course curriculum aligns with the current requirements outlined by the College of Physiotherapists of Manitoba (CPM) for dry needling rostering eligibility in Manitoba. Upon successful completion of the course, Manitoba registrants will need to apply to CPM's dry needling roster as outlined by CPM's Practice Direction in order to incorporate use of dry needling into physiotherapy practice. This course is only open to Physiotherapists.

Prerequisites:

- Be licensed to practice Physiotherapy in their respective province of Canada and be in good standing. If the candidate is outside of the province where the course is being held they must attain temporary licensure in that province to participate in the course.
- Proof of malpractice insurance from the Canadian Physiotherapy Association or equivalent carrier.
- Recommended but not required:
 - Completion of Level 2 upper and lower courses from the Diploma of Manipulative Therapy AIM

Fees & Registration : The participant fee for the upcoming course is \$2500 CAD plus HST (total \$2825.00). This includes all course materials, demonstrations, practical sessions, and examinations. Lunch and snacks are provided. Registration deadline September 14, 2026.

Instructors:

- Scott Whitmore, B.Sc.PT, MClsc.PT (Dip.Manip.PT, FCAMPT, CGIMS, CIDN)
- Sarah Bleichert, BMR-PT, MCISc.PT (FCAMPT, CAFCI, CGTTP, CIDN)
- Erdem Huner, DScPT, BSc(P.T), Dip. Manip. PT (FCAMPT, CGIMS, CGTTP, CIDN)

If you have any questions please email Sarah at sarahbleichertPT@gmail.com or Scott at snapcrackpop@icloud.com

Integrated Dry Needling Registration Form Fall 2026 Winnipeg

Name:	
Address:	
Phone number:	
Email:	
CPM number:	
PT Graduation Year:	

Please forward a copy of the following documents when you send in your application:

- Proof of malpractice insurance

Registration deadline September 14, 2026.

Send your registration with e-transfer to snapcrackpop@icloud.com or a with cheque payable to Whitmore Physiotherapy Consulting at the address below for the amount of \$2825.00 (includes HST) to:

WPC INC
186 Petticoat Dr.
Maple, ON
L6A 0M1

If you have any questions please email Sarah at sarahbleichertPT@gmail.com or Scott at snapcrackpop@icloud.com