



June 6 – 7, 2026

Up and Running Physiotherapy

We take pride in delivering the most up-to-date evidence-based courses

Our flagship 1.0 course has been delivered in five languages, hundreds of times, on all five continents. Using the **most recent science**, it questions several unjustified and widespread practices.

Our expert clinicians will present to you a compelling visual synthesis of the **most recent and relevant running science** as useful clinical tools for therapists. At the end of this two-day journey, you will possess and know how to apply new, must-have skills when **working with runners**: mechanical stress quantification (load management), gait analysis/retraining, shoe prescription, and more.

After completing this course, you will automatically be listed as a **Certified professional** on our online registry, which will **promote your services** to anyone searching on our database. When members of the **ever-growing running community** in your region will look for a specialist to treat them, your name will come up on top!

Students: please email proof of enrolment to info@therunningclinic.com to get your promo code for **50% off!**

Members of the Canadian Physiotherapy Association: use the promo code in [the Members Discounts section](#) of the CPA's website to get **15% off!**

[Register Now](#)



FUNDAMENTALS OF RUNNING INJURIES

Assess and treat runners with confidence:
gait analysis, footwear, load management,
and much more!

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UP AND RUNNING PHYSIOTHERAPY
651 STAFFORD ST #3, WINNIPEG, MB, R3M 2X7

