

# **A Comprehensive Introduction To Acupuncture “The Art & The Science” Fall 2026**

**[www.acu-acupuncture.com](http://www.acu-acupuncture.com)**

Instructors: Anne Dawson, P.T. CAFC  
Dr. Barbara Shay, BMRPT. CAFC (PhD Neurophysiology)  
Sylvia Lavallee, P.T.  
Andrea Lehenbauer, P.T.  
Janine Didyk P.T.

**The target participant for this introductory acupuncture training course, is any health care practitioner whose scope of practice includes the practice of acupuncture or inserting needles below the dermis. Some of the health care practitioners who may find this course useful include the following medical professionals with a license to practice: Chiropractors, Physicians, Physical Therapists, Athletic Therapists, Registered Massage Therapists, Occupational Therapists, RN's, Physician Assistants.**

This course will introduce the participant to a wide range of acupuncture theories, styles and techniques at a basic level useful in all clinical practices. The classical roots, substantiating science, and the anatomical composition of many points useful for treating a wide range of common neural and musculoskeletal pains and injuries, in addition to other needling styles, scalp acupuncture, ear acupuncture and tendomuscular meridians will be demonstrated and practiced. This course includes an introduction to the science and many comprehensive treatment styles for fascia in the CTIF system (connective tissue – interstitial fluid system).

The participant will have ample opportunity to practice all formally presented points and techniques during this seminar. The course will emphasize safety in practice and is in accordance with the current World Health Organization Guidelines on acupuncture training and your licensing body. Written and practical examinations will be administered to ensure safety and comprehension of course content at the introductory level. Participation in the concurrent and self directed home work and study program will enhance the learning. An e-library will be released to each participant. Instructors are easily available for questions, via preceptor connection.

This course is also available to any acupuncturist who has already completed other acupuncture courses and wishes to extend their knowledge of useful acupuncture points and techniques especially as it pertains to a neuroanatomical and science based approach to treatment.

This course includes 130 contact hours with instructors including preceptor contact, plus a concurrent self-directed home study portion (180 hours) for a total of 310 Arts and Science education hours. This course is skill based and clinically oriented. The practical workshops will emphasize surface anatomy palpation, needle insertion techniques, specific condition treatments and many reality based patient complaint and treatment sessions. This practical learning approach helps participants achieve the program's objectives and also allows the participant to integrate the learning easily into their own clinical practice.

**Dates Fall 2026**

|             |   |                              |
|-------------|---|------------------------------|
| Weekend I   | Saturday<br>Sunday                          | September 12<br>September 13 |
| Weekend II  | Saturday<br>Sunday                          | September 26<br>September 27 |
| Weekend III | Saturday<br>Sunday                          | October 17<br>October 18     |
| Weekend IV  | Saturday<br>Sunday                          | October 31<br>November 1     |
| Weekend V   | Saturday<br>Sunday                          | November 14<br>November 15   |
| Weekend VI  | <b>Review/Written/Practical Examination</b> |                              |
|             | Saturday<br>Sunday                          | November 28<br>November 29   |

**Course Cost**      \$4100.00    + GST (5%)

- Includes:**
- Tuition**
  - Preceptor Contact**
  - Textbook**
  - Course notes**
  - Acupuncture supplies**
  - Written exam**
  - Practical exam**

**For Further Information or to register online, please visit:**  
[www.acu-acupuncture.com](http://www.acu-acupuncture.com) or e-mail: [info@acu-acupuncture.com](mailto:info@acu-acupuncture.com)

