

**Registration Form  
Rehabilitation Symposium 2020**

Name:

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Address:

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City: \_\_\_\_\_ Province: \_\_\_\_\_

Email:

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Phone (work):

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Phone (home/cell):

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Please make cheque  
payable to:  
Pan Am Rehabilitation  
Services

**Incomplete registrations  
will be returned**

Reply to:

Pan Am Rehabilitation Services  
75 Poseidon Bay  
Winnipeg, MB R3M 3E4  
Attn: Mark Beatty OR Shannon  
Larkins



Registration fee is \$475 and includes nutrition breaks and a copy of lecture materials.

**Symposium is open to  
registered physiotherapists  
only.**

**Registration deadline:  
March 20, 2020**

Written withdrawal from the course before March 20, 2020, will be subject to a \$25.00 fee. After March 20, 2020, refunds will be provided only if the spot can be filled by another applicant.

**Please note:**

**Registration is limited  
to 36 participants**

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For further information please  
contact:

Mark Beatty OR Shannon Larkins

Phone: 204-927-2660  
mbeatty@panamclinic.com  
slarkins@panamclinic.com



**Year 6  
Post-Operative  
Rehabilitation  
&  
Return  
to Sport**

**April 18 & 19, 2020  
8:00 am — 4:00 pm**

**Pan Am Clinic  
Winnipeg, MB**

presented by

**Pan Am Rehabilitation  
Services  
&  
Pan Am Clinic Foundation**

This two-day course for physiotherapists is designed to enhance the clinicians' understanding of various surgical procedures commonly seen in clinical practice, to provide evidence-based rehabilitation progressions for patients after surgery, and to give clinicians confidence in decision-making related to return to sport, play or work.

Learning opportunities will include a guided cadaver walk-through surgery, a full afternoon gym session to learn and practice exercise progressions, a panel discussion, and a variety of lectures on topics related to conservative and post-operative rehabilitation.

### Objectives

- Improve clinical reasoning and decision-making for patients post-surgery.
- Gain an understanding of the utility of return to sport testing for injury prevention
- Improve exercise prescription and technical instruction in resistance training for patients post-surgery
- Improve sport-specific exercise prescription skills

## Interactive

- Cadaveric shoulder surgery for massive rotator cuff repair
- Multidisciplinary panel discussion
- Return to Play Assessment demonstration

## Presentations

- Arthroscopic hip surgery for femoral acetabular impingement, labral tears
- Rehabilitation following hip arthroscopic hip surgery
- Rehabilitation following Achilles tendon rupture
- Return to running post-surgery or injury
- Quadriceps inhibition post-ACL reconstruction

## Gym Sessions

- Practical sessions will take place at Undefeated CrossFit
- Resistance / weight training principles for physiotherapists
- Return to sport exercise progression

## Presenters

**Dr. Devin Lemmex, MD, FRCS(C)**

Orthopaedic Surgeon, Pan Am Clinic

**Dr. Jarret Woodmass, MD, FRCS(C)**

Orthopaedic Surgeon, Pan Am Clinic

**Dean Kriellaars, PhD**

Associate Professor, Dept. of Physical Therapy, University of Manitoba

**Dan Ogborn MSc(PT), PhD Medical**

Research Associate, Pan Am Clinic Foundation

**Steve Moerman, BMR(PT), MCISc, FCAMPT**

Physiotherapist, Pure Lifestyle

**Quinn Taylor, MPT**

Physiotherapist, Pure Lifestyle

**Janine Didyk, BSc, BMR(PT)**

Physiotherapist, Pan Am Rehabilitation Services

**Kim Sénéchal, MSPT**

Physiotherapist, Pan Am Rehabilitation Services

**Shannon Larkins, BSc(PT), MCISc, FCAMPT**

Senior Physiotherapist and Research Lead, Pan Am Rehabilitation Services

**Mark Beatty, BMR(PT), MCISc, FCAMPT**

Senior Physiotherapist and Education Lead, Pan Am Rehabilitation Services