

MPA Statement on The Need To Address Racism

A person's health – and life – should not depend on the colour of their skin. However, we repeatedly witness and/or experience this to be true around the world and here at home. Physiotherapists cannot fully champion the health needs of our community while racist beliefs and oppressive systems persist. The Manitoba Physiotherapy Association shares in the grief of the victims of racism and stands with those who are fighting against injustices and the systems that sustain inequity in all forms. We support those who are working towards positive change. There are uncomfortable questions to ask and we have much to learn, but racism has no place in our profession, our health care system, or in society.

For more information and educational resources, see:

Nixon, S.A. The Coin Model of Privilege and Critical Allyship: Implications for Health. *BMC Public Health* 19, 1637 (2019). <https://doi.org/10.1186/s12889-019-7884-9>

Vazir, S., Newman, K., Kispal, L., Morin, A.E., Mu, Y., Smith, M. and Nixon, S., 2019. Perspectives of Racialized Physiotherapists in Canada on Their Experiences with Racism in the Physiotherapy Profession. *Physiotherapy Canada*, 71(4), pp.335-345.

Edgoose, J.Y., Quiogue, M. and Sidhar, K., 2019. How to Identify, Understand, and Unlearn Implicit Bias in Patient Care. *Family Practice Management*, 26(4), pp.29-33

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