

**Registration Fee: \$200**

**Registration Deadline:**

January 25, 2020

**Course Registration includes  
Nutrition Breaks**

Please bring a bag lunch. A microwave and fridge will be available for those who require. The HSC Cafeteria will also be open to offer lunch options.

**Course Notes will be made  
available via DropBox**

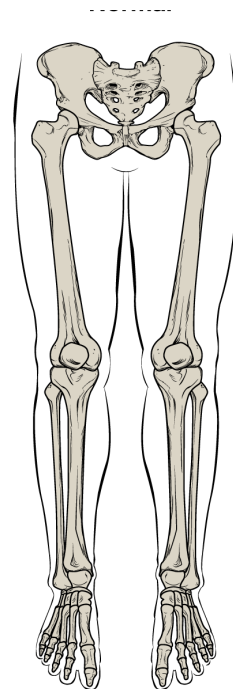
**Space is limited so register early!**

**For further information please contact:**  
Karen Malenchak  
204-787-4679  
[kmalenchak@hsc.mb.ca](mailto:kmalenchak@hsc.mb.ca)

### **Course Objectives:**

Upon completion of this course, the participants will be able to:

1. Perform an integrated evaluation of the lower quadrant
2. Identify which patients will most likely benefit from specific interventions based on current literature
3. Confidently and competently perform manual therapy and exercise prescription for the patient with lower quadrant dysfunction
4. Understand the role and interaction of the various regions of the lower quadrant



### **About the Instructors**

**Darcy Reynolds** works at Creekside Physiotherapy and has worked in private practice for over 20 years. He received his Advanced Diploma in Manual and Manipulative Physiotherapy in 2004 and his Masters of Clinical Science from UWO in 2010. He is an instructor and mentor with the Canadian Orthopaedic Division and has been involved in research with a focus on prognostic indicators for patients with cervical pain and dysfunction.

**Terry Woodard** works at D'Arcy Bain Physiotherapy and has over 25 years of experience in Orthopaedic Physiotherapy in both the private and public health sectors. He completed his Advanced Diploma in Manual and Manipulative Physiotherapy with Credit in 2004 and his Masters of Clinical Science from UWO in 2013. He is on faculty at the University of Manitoba, College of Rehabilitation Sciences, and at Western University. He was the Regional Manager of Outpatient Physiotherapy for the Winnipeg Regional Health Authority. He is an instructor, examiner and mentor in the Canadian Orthopaedic Division.

## Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Employer/Facility: \_\_\_\_\_

E-mail: \_\_\_\_\_

Specific Dietary Requirements:

\_\_\_\_\_

**Please make cheque payable to:**

*HSC Physiotherapy*

Please mail the completed registration form and cheque to:

Karen Malenchak  
Health Sciences Centre  
RR132 - 800 Sherbrook Street  
Winnipeg, Manitoba  
R3A 1M4

## Course Schedule

**Saturday February 1, 2020**

**8:00 – 4:30**

## Course Location

*Health Sciences Center  
Physiotherapy Department  
RR 140- 800 Sherbrook Street  
Winnipeg, Manitoba*

**Please dress appropriately  
for this practical, hands-on  
course**



**Health Sciences Centre  
Winnipeg**

## **The Hip Bone is Connected to the Knee Bone**

*An Integrated Practical  
Physiotherapy Approach  
to the Lower Quadrant*

**February 1, 2020**

*Presented by:*

**Darcy Reynolds**

BMR-PT, MCISc, (manip),  
FCAMPT

**Terry Woodard**

BMR-PT, B.Sc., MCISc, (manip),  
FCAMPT