

## Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Email: \_\_\_\_\_

Please make cheque payable to:  
Pan Am Rehabilitation Services Inc.

Reply to:  
Pan Am Rehabilitation Services  
75 Poseidon Bay  
Winnipeg, MB R3M 3E4  
Attention:  
Mark Beatty or Shannon Larkins

Registration fee is \$300 and includes nutrition breaks and a copy of lecture materials.

This course is open to registered Physiotherapists credentialed to practice acupuncture.

Registration deadline is  
May 3, 2019

Written withdrawal from the course before  
May 3, 2019 will be subject to a \$25 fee.

After May 3, 2019, refunds will be  
provided only if the spot can be filled by  
another participant.



For further information please contact:

Mark Beatty or Shannon Larkins

Phone: 204.927.2660

Fax: 204.927.2646

Email: [mbeatty@panamclinic.com](mailto:mbeatty@panamclinic.com)  
or [slarkins@panamclinic.com](mailto:slarkins@panamclinic.com)

## Under the Skin: Acupuncture Anatomy: Lumbar Spine & Pelvis



June 1, 2019  
8:00 a.m.- 4:00 p.m.



This course for physiotherapists will serve as a single day workshop to refine acupuncture needling skills on fresh frozen cadavers. Course format will include didactic lecture, group discussion, and practical sessions utilizing fresh frozen cadavers from T10 to the proximal femur.

### Course Objectives

- Develop a clearer understanding of the target tissues for needling in the lumbar spine, abdomen and hip in terms of location and depth.
- Provide immediate feedback for needling through observation of prosected specimens or dissection of fresh frozen cadavers.
- Review the evidence surrounding the efficacy of acupuncture in the treatment of musculoskeletal pain
- Review the evidence regarding the significance of needling accuracy in the treatment of musculoskeletal pain

### Format

- Needling of the lumbar spine, hip and pelvis during fresh frozen cadaver dissection labs
- Review of the regional anatomy through dissection and observation of prosected specimens
- Lectures to review the effects, and significance of needling technique and accuracy
- Discussions around the traditional Chinese medicine approach to needling

### Instructor

#### Anne Dawson



Anne has been practicing physiotherapy since her graduation from the University of Saskatchewan in 1981 with a focus on chronic pain syndromes, TMJ and spinal dysfunctions, acupuncture, craniosacral therapy and the Stott® Pilates Exercise Method for Rehabilitation and Conditioning.

Anne has trained nationally and internationally in her study of acupuncture for pain relief. She teaches acupuncture and TMJ care to physiotherapists at a post graduate level. Anne is certified in Stott Exercise Method, the Contemporary Approach, by the Stott International Certification Center. She is also an instructor trainer for Stott Pilates for their Stott Pilates in Injuries Special Populations and Rehabilitation Courses. She has developed an individualized Pilates rehab exercise program only available at Fitness Physiotherapy. Anne has been a contributor to many medical journals and general interest publications on physiotherapy subjects. Anne has served on the Manitoba regulatory board for physiotherapists, The College of Physiotherapists of Manitoba and she is a member of many organizations including the Canadian Physiotherapy Association, and the Fascia Research Society. Anne has been a contributor to many medical journals and general interest publications on physiotherapy subjects.

### Instructor

#### Barbara Shay, PhD



Dr. Barbara Shay has been a practising physiotherapist for over 25 years. She continued her academic education and completed her MSc in Rehabilitation in 1993; and her PhD in Neurophysiology in 2003.

She has taken numerous post-graduate education courses including acupuncture, manual therapy, mobilization of the nervous system and exercise. Dr. Shay has been teaching in the Physical Therapy program at the University of Manitoba, in one capacity or another since 1991. Her current teaching includes Electrophysical Agents (EPA) in Rehabilitation, Manual Therapy Effects on Pain in the entry level Physical Therapy Program and Pain and Rehabilitation in the graduate program. She has been an invited speaker at the Combined Sections Meeting of the APTA for the International Society for Electrophysical Agents in Physical Therapy (ISEAPT) and taught several refresher courses in EPAs. Her current research interests revolve around pain assessment and treatment.

Since 2004, Dr. Shay has been the principle investigator or co-principle investigator on over \$1.6M in funded research projects. Her publication record includes 16 articles in refereed journals, 2 book chapters, 17 articles in non-refereed journals, 28 published abstracts and 1 technical report. She has delivered 13 conference presentations and been an invited speaker at 14 presentations including national and international meetings.