



## Presents

# Integrated Dry Needling (IDN) Fall 2024 Winnipeg

**Location:** Prairie Trail Physiotherapy, 1-1190 Taylor Ave, Winnipeg, Manitoba

**Dates:** September 21-22, October 26-27, December 7-8

**Course Description:** Intramuscular Dry Needling (IDN) can be an effective and useful adjunct to an overall treatment program for our neuro-orthopaedic patients. This course is designed to cover dry needling techniques for the whole body for varied musculoskeletal conditions. Learning will take place through a combination of synchronous online sessions and in person practical sessions. These sessions will prepare you for the application and integration of dry needling to your caseload. The curriculum of this course makes you eligible to practice dry needling as based on regulations put forward by the College of Physiotherapists of Manitoba. Note: This course is only open to Physiotherapists.

**Course Objectives:** At the end of the course you will be competent in:

- Applying the theory of IDN to physiotherapy practice for musculoskeletal conditions of the neck, torso, upper and lower extremity as well as headaches and TMJ dysfunction
- Assessment skills for the application of IDN to the areas listed above
- Indications and contraindications for IDN
- Understanding the mechanical, chemical, electrophysical, neurophysiological effects of IDN
- Applying IDN in a clean, safe and effective manner
- Be aware of unsafe areas not to be needled
- Management of side effects and potential adverse effects or complications of IDN

**Evaluation:**

- There will be an evaluation of both the theory and practical application of dry needling to physiotherapy practice through case histories, quizzes and supervised practical sessions. Participants will receive a **Certificate of Integrated Dry Needling**

at the completion of the course.

**Prerequisites:**

- Have been a Physiotherapist practicing for a minimum of two (2) years
- Proof of Provincial Licensing body of current clinical practice
- Proof of malpractice insurance
- An acupuncture certification recognized by the College of Physiotherapists of Manitoba

**Registration Process:**

- Mail or email the completed registration form along with payment (e-transfer accepted)
- Cut off date for registration is August 31, 2024

**Fees & Registration**

The participant fee for the upcoming course is \$2500 CAD plus HST (\$2825.00). Cheques will be cashed 1 week prior to the start of the course. This fee includes all course materials, demonstrations, practical sessions, and examinations.

**Note to Female Participants:** If you are pregnant please inform the course instructors, prior to the start of the course so that we can make alternate arrangements for models if needed.

**Number of Participants:** max 15

**Course Dates:**

Online lectures and independent coursework: approx. 8 hours.

6 Practical days: 8 hours a day (total of 48 hours)

- Online Course Dates: September 10th, 17th 2024, in the evening
- Practical Sessions 2024:
  - September 21-22
  - October 26-27
  - December 7-8

**Instructors:**

- Scott Whitmore, B.Sc.PT, MClsc.PT, Dip.Manip.PT, FCAMPT, CGIMS
- Sarah Bleichert, BMR-PT, MCISc.PT, FCAMPT, CAFCI, CGTTP
- Erdem Huner, DScPT, BSc(Pt), Dip. Manip. PT, FCAMPT, CGIMS, CGTTP
- Melanie Mackinnon, M.Sc.PT, MClsc.PT, FCAMPT, CIDN

## Integrated Dry Needling – 2024 Winnipeg

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Number of years practicing \_\_\_\_\_ and provincial license number: \_\_\_\_\_

Acupuncture Certification recognized in Manitoba: \_\_\_\_\_

Please forward copies of the following documents when you send in your application:

- Proof of acupuncture certification
- Proof of malpractice insurance

Send your registration along with cheque payable or e transfer to Whitmore Physiotherapy Consulting for the amount of \$2825.00 (includes HST) to:

WPC INC  
186 Petticoat Dr.  
Maple, ON  
L6A 0M1

If you have any questions please email Sarah at [sarahbleichertPT@gmail.com](mailto:sarahbleichertPT@gmail.com) or Scott at [snapcrackpop@icloud.com](mailto:snapcrackpop@icloud.com)