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Degenerative Cervical Myelopathy (DCM) & Lumbar Spinal Stenosis (LSS)

Are physiotherapists dropping the ball on these common
clinical conditions?

Instructor:

Terry Woodard

Assistant:

Jackie Marchylo

Sunday, November 29, 2026

8:00 a.m. – 4:30 p.m.

Objectives:

- Review the etiology, pathobiology, and prognostic factors of DCM and LSS
- Review and enhance the subjective and objective assessments required to identify these conditions
- Strengthen your understanding of the clinical presentation of DCM and LSS
- Discuss and practice various management strategies, including exercise, education, and manual therapy
- Present common differential diagnoses for DCM and LSS
- Present key, clinically relevant outcome measures for DCM and LSS
- Discuss what clinical presentations may necessitate referral to a family doctor, sports medicine physician, physiatrist or surgeon

Interactive learning:

- Multidisciplinary panel discussion
- Practical sessions – objective assessment, exercise interventions, manual therapy

Terry Woodard, B.Sc., BMR(PT), MCISc, FCAMPT graduated from the University of Manitoba in 1989 with a Bachelor of Science and in 1993 with a Bachelor of Medical Rehabilitation (Physiotherapy). He became a Fellow of the Canadian Academy of Manual and Musculoskeletal Physiotherapists (FCAMPT) after the completion of his Diploma of Advanced Manual and Manipulative Physiotherapy with credit in 2004. He obtained a Master of Clinical Sciences (Manipulation) at Western University in 2014.

He has worked in private practice in Winnipeg for more than 30 years and is a senior physiotherapist at Pan Am Rehabilitation Services at Pan Am Clinic. He also holds a part-time teaching position at the University of Manitoba. Terry is a mentor, instructor and examiner in the Orthopaedic Division of CPA and he has presented at many local and national symposia, educational meetings, and adjunct courses in the Orthopaedic Division.

His preferred area of practice is complex spine conditions, focusing on pre- and post-operative management of cervical and lumbar spine patients. He is currently working with the Winnipeg Spine Program to develop evidence-informed post-operative physiotherapy protocols for the cervical and lumbar spine.

Jackie Marchylo, BMR(PT) graduated from the University of Manitoba Bachelor of Medical Rehabilitation (Physical Therapy) program in 2009. She has worked in private practice orthopedics in Winnipeg for the past 17 years. She recently completed the Intermediate Practical Exam of the Advanced Integrated Musculoskeletal (AIM) program with the Canadian Physiotherapy Association Orthopedic Division. She plans to continue her education to pursue the advanced exam and FCAMPT credential. She has a special interest in rehabilitation of the spine and is excited about furthering her knowledge and education regarding post-operative management of these conditions.

Registration deadline: November 13, 2026

Snacks and lunch provided

Attendees from outside Manitoba are responsible for securing temporary licensure

For further information, please contact Shannon Larkins at (204) 927-2660 or slarkins@panamclinic.ca

REGISTRATION FORM

Reply to:
Pan Am Rehabilitation Services
75 Poseidon Bay
Winnipeg, MB R3M 3E4
Attn: Shannon Larkins

Name: _____
Address: _____
City: _____ Prov.: _____
Postal Code: _____
email address: _____
Phone # (W): _____
(H): _____

Registration fee:
Regular: \$300
Limited number of spots available to MPT2 students: \$175

E-transfer payment to:
lwall5@panamclinic.com

Cheque payable to:
Pan Am Rehabilitation Services

Withdrawal from the course before November 13, 2026 will be subject to a \$25.00 administration fee. After November 13, refunds will be provided only if the spot can be filled by another applicant.