

### Course Description:

Come join us at River East Physiotherapy & Sports Fitness on October 18 & 19, 2025, for our **North 49 Intro to Vestibular Therapy Hybrid Course**. In this **16 hour** course we use live and pre-recorded lectures in combination with hands on lab components and a live patient demonstration to cover:

- BPPV and how to treat all the canals.
- Vestibular hypofunction.
- Vestibular migraines.
- PPPD.
- Dizziness and concussion.
- Dizziness & impaired balance with central vestibular disorders such as a stroke, cerebellar tumour, etc.
- Fall risk assessment & management.
- And more.

### Course Information:

Whether you work with a sports team, with seniors, in a hospital, or a bustling private practice are you looking to improve your understanding of dizziness? If so, you are not alone.

Dizziness is a common complaint across the lifespan, but research tells us that it is often poorly understood and treated.

The thing is, it does not have to be this way.

Come join us at River East Physiotherapy & Sports Fitness in Winnipeg, Manitoba on October 18 & 19, 2025.

This foundational/intermediate level course is intended for health care practitioners who see patients experiencing dizziness and/or unsteadiness.

Really, this course was made for you if you:

- See a need in this area and would like some direction to know where to start.
- Have dabbled in this area and experienced a mix of success and failures.
- Deal with athletes with concussion and want to know more than VOMS.
- Want to know more than just how to treat BPPV.
- Have taken vestibular courses in the past and would like a refresher or update.
- Are looking to specialize in an unique "niche" area to set you apart from competitors.
- Are considering ways to improve the quality of life for those in your community.
- Are curious as to what the field of vestibular therapy is all about.

If any of these resonate with you, we cannot wait to work with you this October in Winnipeg!

By the end of this course you should be able to:

- Explain in lay terms the anatomy and physiology of the vestibular system.
- Perform a vestibular assessment, interpret the findings and identify those who will respond to vestibular therapy and those who need further investigation.
- Develop and implement a treatment plan for those who will benefit from vestibular therapy.
- Understand the expectations for treatment, outcome, and timeframes.

Bottom line: Our goal is that you experience a transition to feeling confident in your skillset and improved outcomes with this patient population.

We want you to look forward to seeing your next patient with dizziness the Monday after the course.

Cost: \$650.

For further information and to register: [https://north49therapy.mykajabi.com/vestibular-therapy-course-Winnipeg?preview\\_theme\\_id=2161848074](https://north49therapy.mykajabi.com/vestibular-therapy-course-Winnipeg?preview_theme_id=2161848074)

If your clinic is interested in hosting a course, we have some great incentives for host clinics.