

Type: Non-NOD Courses

UBC Gunn IMS (Winnipeg, MB) – Gunn IMS Certification Course and Needling Review Opportunity

Location: Spire Physiotherapy  
​103-115 Sage Creek Blvd  
Winnipeg MB, R3X 0R6

**Start Date:**

Part 1: online and self-paced (continuous enrolment)

Part 2: June 7-8, 2025

Part 3: September 13-14, 2025

**Price:** Part 1 - $1225 CAD, Part 2 - $1250 CAD, Part 3 - $1250 CAD. Needling Review In-Person Weekends: $500 for either Part 1 or 2, $900 for both.

**Instructor:** Dr. Lyndal Solomons, Director, UBC Gunn IMS Program & other UBC Gunn IMS Instructors (TBA).

**Registration URL:** <https://www.gunnims.com/gunn-ims-certification-application.html>

Part 1 Online (continuously from January 1, 2025)**,** Part 2 – In-person (June 7-8, 2025) and Part 3 – In-person (September 13-14, 2025).

**Outline:**

The Gunn IMS approach is a total system for the diagnosis and treatment of persistent myofascial pain syndromes (including muscle, joint, tendon, bursal, fascial, neural and biomechanical problems); using intramuscular dry needling and related postural and rehabilitative concepts. It considers these problems as stemming from segmental nervous system dysfunction rather than simply local muscle trigger points. The model was developed by Dr C. Chan Gunn and described in his book “The Gunn Approach to the Treatment of Chronic Pain”.

Dr Gunn has endowed UBC with the responsibility for the ongoing teaching of the Gunn IMS model of treatment – a program that has run continuously since 1994. Since 2011, the Gunn IMS Program has been part of the UBC Faculty of Medicine and is now located in the Chan Gunn Pavilion on the UBC Vancouver campus.

All course proceeds are used to support program development and research in Gunn IMS.

Application of the model requires an advanced level of clinical reasoning and pattern recognition, mature clinical judgement, extensive anatomical knowledge and precise palpation skills, and students applying must meet certain prerequisites.

**Prerequisites:**

In order to assure your success in the program there are several prerequisites required to attend. Pleaser review our prerequisites in detail here. <https://www.gunnims.com/prerequisites.html>

**Certification Format:** <https://www.gunnims.com/gunn-ims-dry-needling-certification-course.html>

Three parts must be completed successfully to receive certification:

**Part 1** - self-paced and completed online (**continuous enrolment – must be completed for certification to be awarded)**; includes lecture material, demonstration of assessment techniques, and assessment components (anatomy exam, theory exam and case presentation). Allow for **25 hours** of online learning and case study preparation and **2 hours** of exams and **6 hours**of individual/group case study feedback tutorials. Approximately 32 hours of optional additional learning is provided (online and supplementary reading material).

**Part 2** - two in-person practical training days (see dates below). Each day is 8 hours of in-person learning **(16 hours total).** Allow for an additional 8 hours of online learning in preparation for your in-person days.

**Part 3** - two further in-person practical training days (see dates below). Each day is 8 hours of in-person learning (**16 hours** total). Allow for an additional **1 hour** of online learning in preparation for your in-person days.

On successful completion of all parts of the program, participants will be awarded **certification in UBC Gunn IMS by the UBC Faculty of Medicine**.

Course participants will practice assessment and treatment techniques (including intramuscular dry needling) on each other. Instructors may also demonstrate assessment and treatment techniques on participants.

Further course details at: <https://www.gunnims.com/winnipeg-2025.html>

**Needling Review Format:**

$500 for either Part 1 or 2, $900 for both. No assessmentcomponents. <https://www.gunnims.com/gunn-ims-review-course-application.html>

**Contact:** Anna Scales **Email:** [info@gunnims.com](mailto:info@gunnims.com)

**Details**

**Gunn IMS Certification Course**  
Part1 Online (continuously from January 1, 2025)**,** Part 2 – In-person (June 7-8, 2025) and Part 3 – In-person (September 13-14, 2025)

**Needling Review Part 2** – $500 CAD  
– includes:  
• 2 days of in-person training (June 7-8, 2025),  
• a current UBC Gunn IMS manual, and  
• 12 months access to the UBC Gunn IMS Surface Anatomy videos

**Needling Review Part 3** – $500 CAD  
– includes:  
• 2 days of in-person training (September 13-14, 2025),  
• a current UBC Gunn IMS manual, and  
• 12 months access to the UBC Gunn IMS Surface Anatomy videos