

Ignite Insight Course Series

“Learn, Grow, Succeed”

St. Vital Physio is pleased to offer a series of 4 mini courses, designed to enhance any neuro-orthopaedic Physiotherapist's skill set. Our amazing instructors include some of Winnipeg's most experienced clinicians. The concepts and techniques presented will be immediately applicable, intended to help you boost client outcomes.

1. **Low Back Pain: To Categorize or not to Categorize, that is the Question**

with **Terry Woodard**

Friday, January 9th, 2026, 5-9pm

2. **Exercise Prescription for Clinicians with a Focus on Programming for The**

Lower Extremity with **Janine Didyk**

Friday, February 27th, 2026, 5-9pm

3. **Neck Pain Essentials: Evidence-Based Assessment and Treatment for Physiotherapists**

with **Shannon Larkins**

Friday, March 27th, 2026, 5-9pm

4. **Anterior and Posterior Pelvic Outlet Syndrome: One of the Main Reasons Your Patient Has Lower Extremity Dysfunction** with **Murray MacHutchon**

Friday, April 17th, 2026, 5-9pm

Location: St. Vital Physiotherapy and Sports Injury Centre L01-1555 St. Mary's Rd

Special 2026 Pricing!

\$125 each OR all 4 courses for \$400

OR

BRING A FRIEND AND EACH PAY \$99

[IGNITE INSIGHT Course Details and Instructor Bios](#)

[IGNITE INSIGHT Registration Page](#)



