



Program Structure

Online Core Theory and Prep with Pre-Course Work (35 hours total)

- Needle safety, mechanisms and physiology, pain science, IMES theory, risk management, ethics, clinical reasoning, assessment, patient care, and evidence-based practice.
- Bony landmarks and palpation anatomy, caution zones, regional anatomy, technique videos, case studies, and research articles.
- Advanced caution zones, anatomy of complex and higher-risk regions, technique videos, case studies, and research articles are covered before attending the Level 2: Advanced course weekend.

Weekend Intensive 1: Level I Foundations (20 hours, in person)

Hands-on needling of the hip and thigh, lumbar spine, lower extremity, cervical spine, shoulder, and upper extremity, with electrical stimulation integration. Clinical application is highlighted throughout the course.

Weekend Intensive 2: Level II Advanced (20 hours, in person)

Advanced cervical spine and TMJ, upper and lower thoracic, abdominal, deep hip and pelvis, forearm and hand, foot, and lower leg, with advanced electrical stimulation application and palpation refinement.

What's Included

- Pre-recorded video lectures, each followed by a quiz for learning consolidation
- Anatomy reviews, technique demonstration videos, and clinical case studies
- Peer-reviewed readings provided within each online module
- Printed Level I and Level II technical manuals, provided at each weekend
- Close instructor supervision throughout all practical sessions

Certification Requirements

- Completion of all online modules before each weekend
- Attendance and active participation at both weekends, as both practitioner and patient
- Pass in-class practical exams
- Written final exam

Course Details

Instructor: Slav Feldman, PT, MClSc (MT), FCAMPT, ACPAC

Location: Elite Sports Injury, 400 North Town Road #320, Winnipeg, MB R3Y 0Y3

Schedule: Saturday and Sunday, 8:00 AM – 6:00 PM (both weekends)

Dates: Jan 23-24/27 & Feb 20-21/27

Why Elevate?

Our lead instructors have taught dry needling across North America at foundational and advanced levels. We teach clinical decision-making, neuromuscular assessment integration, and current evidence throughout, with safety as the non-negotiable foundation.

You can expect:

Plenty of Hands-On Time: We emphasize maximum amount of time practising the skill of dry needling.

Learn by Doing: Expect heavy hands-on practice, high repetition, and real-time feedback from instructors.

Ready for Monday: You'll build the muscle memory and confidence to safely treat patients right away.

Register and learn more: www.elevatedryneedling.com