

## Registration Form

### Rehabilitation Symposium 2025

Name:

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Address:

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City: \_\_\_\_\_ Province: \_\_\_\_\_

Email:

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Phone:

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E-transfer payment to:

[lwall5@panamclinic.com](mailto:lwall5@panamclinic.com)

Cheque payable to:

Pan Am Rehabilitation Services

**Incomplete registrations will be returned**

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Reply to:

Pan Am Rehabilitation Services

75 Poseidon Bay

Winnipeg, MB R3M 3E4

Attn: Shannon Larkins



Registration fee is \$700 and includes nutrition breaks, lunch on Saturday and a copy of lecture materials.

Symposium is open to registered physiotherapists only

**Registration deadline:**

**February 14, 2025**

Written withdrawal from the course before February 14, 2025 will be subject to a \$25.00 fee. After February 14, refunds will be provided only if the spot can be filled by another applicant.

**Registration is limited  
to 36 participants**

***Attendees from outside Manitoba  
are responsible for securing  
temporary licensure***

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For further information, please  
contact:

Shannon Larkins

Phone: 204-927-2660

slarkins@panamclinic.com

## 8th Annual



# Cervical Spine

**March 1 & 2, 2025**

**Saturday 8:00 — 4:30 pm**

**Sunday 8:00 — 2:00 pm**

**presented by**

**Pan Am Clinic Foundation**

**&**

**Pan Am Rehabilitation Services**

This two day course for physiotherapists is designed to enhance the clinician's understanding of cervical spine anatomy, pathology, conservative treatment, surgical options and post-operative management. Learning opportunities will include a guided cadaver walk-through surgery, participation in a fresh-frozen cadaver dissection lab, as well as a variety of lectures and practical sessions.

### Objectives

- Review and develop a thorough understanding of cervical anatomy
- Improve clinical reasoning skills related to the assessment and treatment of various cervical pathologies and dizziness
- Rationalize exercise prescription and improve manual therapy skills for the cervical spine
- Improve understanding of the medical management of cervical pain and injury, including imaging, injections and surgical referral

## Interactive Learning

- Fresh frozen cadaver dissection lab: anatomy review
- Cadaveric cervical surgery
- Multidisciplinary panel discussion

## Presentations

- Primary care assessment of neck pain/injury; red flags and imaging
- Dizziness differentiation and treatment
- Surgical management—when, why, how?
- Strength & motor control training for the cervical spine - beyond deep neck flexors
- Cervicogenic headaches
- Whiplash management

## Practical Sessions

Exercise interventions and manual therapy techniques for common cervical issues seen in clinic, including stiffness, hypermobility/instability and pain.

## Presenters

**Dr. Jay Toor**, MD, MBA, FRCS(C)

Winnipeg Spine Program

**Dr. Sylvia Loewen**, BSc, MD, CCFP(Sem)

Pan Am Clinic, Sports Medicine

**Dr. Jeff Leiter**, PhD

Executive Director, Pan Am Clinic Foundation

**Steve Moerman**, BMR(PT), MCISc, FCAMPT

Physiotherapist, Pure Lifestyle

**Patti Mondor**, BMR(PT), FCAMPT

Physiotherapist, Pan Am Rehabilitation Services

**Myles Willis**, BMR(PT), MCISc, FCAMPT

Physiotherapist, Complete Physiotherapy

**Terry Woodard**, BMR(PT), MCISc, FCAMPT

Senior Physiotherapist, Clinical Innovation Lead, Pan Am Rehabilitation Services

**Shannon Larkins**, BSc(PT), MCISc, FCAMPT

Senior Physiotherapist, Education Lead, Pan Am Rehabilitation Services