



**Presents**

**Integrated Dry Needling (IDN)  
Winter 2018  
Winnipeg, MB**

**Course Description:** Intramuscular Dry Needling (IDN) can be an effective and useful adjunct to an overall treatment program for our neuro-orthopaedic patients. This course is designed to cover dry needling techniques for the whole body for varied musculoskeletal conditions. Learning takes place over two 3 day weekend sessions and involves lectures, guided practical sessions, written and practical evaluation and clinical case reasoning pertaining to the application and integration of IDN to your caseload. The curriculum of this course meets the required competencies of the College of Physiotherapists of Manitoba (CPM) for a therapist to use dry needling in their practice following their certification of acupuncture. You must hold a CPM recognized acupuncture certification through AFCI or equivalent in order to undergo the course and practice dry needling in Manitoba following the completion of this course.

The first weekend establishes a basic set of needling skills, and evaluation of those skills. The last weekend is held approximately 6 weeks from the first weekend to allow integration of the initial techniques into your practice before moving to more advanced points. Clinical Reasoning will be examined through both weekends. Prior needling experience is not required, but is an asset. Preference will be given to participants who have completed Level 2 CPA Orthopaedic division courses. Note this course is only open to Physiotherapists.

**Course Objectives** – At the end of the course you will be competent in:

- Applying the theory of IDN to physiotherapy practice for musculoskeletal conditions of the neck, torso, upper and lower extremity as well as headaches and TMJ dysfunction
- Assessment skills for the application of IDN to the areas listed above
- Indications and contraindications for IDN
- Understanding the mechanical, chemical, electrophysical, neurophysiological effects of IDN
- Applying IDN in a clean, safe and effective manner
- Be aware of unsafe areas not to be needled
- Management of side effects and potential adverse effects or complications of IDN

**Evaluation:**

- There will be an evaluation of both the theory and practical application of dry needling to physiotherapy practice through case histories, quizzes and supervised practical sessions. Participants will receive a **Certificate of Integrated Dry Needling** at the completion of the course.

**Prerequisites:**

- Be in Physiotherapy practice for a minimum of three (3) years
- Proof of Provincial Licensing body of current clinical practice
- Proof of malpractice insurance with the CPA or equivalent
- Acupuncture Certification from AFCI or equivalent
- Recommended: A minimum of Level 2 upper and lower courses from the Diploma of Manipulative Therapy program run through the Orthopaedic Division of the Canadian Physiotherapy Association.

**Registration Process:**

- Mail the completed registration form along with payment
- Cut off date for registration is November 27, 2017

**Fees & Registration:**

The participant fee for upcoming course is \$2500 CAD plus HST (\$2825.00). Cheques will be cashed 1 month prior to the start of the course. This fee includes all course materials, demonstrations, practical sessions, and examinations. Lunch is provided each day.

**Note to Female Participants:** If you are pregnant please inform the course instructors, prior to the start of the course so that we can make alternate arrangements for models if needed.

**Number of Participants:** 20 people maximum

**Course Dates:** 6 days – 8 hours a day (48 hours); Please note Fridays start at 12pm

- January 12-14, 2018
- February 23-25, 2018

**Course Location:** TBD

**Instructors:**

- Scott Whitmore, B.Sc.PT, Dip.Manip.PT, FCAMPT, CGIMS, CIDN
- Sarah Bleichert, BMR-PT, MCISc-PT, FCAMPT, CAFCI, CGTTP, CIDN
- Stephanie Cherry, M.Sc. (PT), B.Sc.(Kin), FCAMPT, CAFCI, CGIMS, CIDN
- Heather Gillis, B.Sc.PT, MSc. (Anatomy), Dip.Manip.PT, FCAMPT, CIDN
- Erdem Huner, DScPT, BSc(PT), Dip. Manip. PT, FCAMPT, CGIMS, CGTTP, CIDN

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## Integrated Dry Needling – Winnipeg, Winter 2018

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Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Number of years practicing \_\_\_\_\_ and provincial license number: \_\_\_\_\_

Do you have any needling experience? Y or N

If yes, please elaborate: \_\_\_\_\_

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Please forward copies of the following documents when you send in your application:

- Proof of AFCI certification
- Proof of malpractice insurance
- Completion of highest Level in the Diploma of Manipulative Therapy program run through the Orthopaedic Division of the Canadian Physiotherapy Association

Send your registration along with cheque payable or e-transfer to Whitmore Physiotherapy Consulting for the amount of \$2,825.00 (includes HST) to:

Whitmore Physiotherapy Consulting  
80 Hawkins Drive  
Guelph, ON  
N1L 0M7

If you have any questions please email Sarah at [sarahbleichertPT@gmail.com](mailto:sarahbleichertPT@gmail.com) or Scott at [snapcrackpop@rogers.com](mailto:snapcrackpop@rogers.com)