



WHEN: June 24- 25th 2017

WHERE: Concordia Hip and Knee Institute, 1155 Concordia Avenue

Good Life with osteoArthritis in Denmark (GLA:D[®]) is an evidence-based education and exercise program for individuals experiencing symptoms of hip or knee osteoarthritis (OA). Physiotherapists, registered kinesiologists, chiropractors and CSEP CEPs are eligible to provide this program after obtaining certification through a GLA:D[™] Canada training course.

A course will be held at the Concordia Hip and Knee Institute at 1155 Concordia Avenue on Saturday, June 24th (9am – 5pm) and Sunday, June 25th 2017 (8 am – 12pm). The cost of the course is \$450.

Course content includes:

- OA Theory: up to date research on OA and treatment
- Practical: hands on experience with the neuromuscular exercises and instruction on how to deliver the GLA:D[™] Canada program

Instructor: Dr. Aileen Davis BScPT, MSc, PhD
Senior Scientist, Krembil Research Institute, UHN
Professor, University of Toronto

The course includes:

- A training manual
- Ongoing access to up to date educational and exercise materials
- Promotion of your clinic as a certified site
- Follow-up support to launch the program at your location



Sign up today! www.gladcanada.ca

Questions about the program/course can be directed to Mariel.Ang@uhnresearch.ca