



WHEN: March 24th-25th 2018
WHERE: Richmond Olympic Oval, British Columbia

Good Life with osteoArthritis in Denmark (GLA:D®) is an evidence-based education and exercise program for individuals experiencing symptoms of hip or knee osteoarthritis (OA). Physiotherapists, registered kinesiologists, chiropractors and CSEP CEPs are eligible to provide this program after obtaining certification through a GLA:D™ Canada training course.

Location: Olympic Oval, 6111 River Road, Richmond, BC
Times: Saturday, March 24th (9am – 5pm)
Sunday, March 25th 2018 (8am – 12pm)

Cost: \$450

Course content:

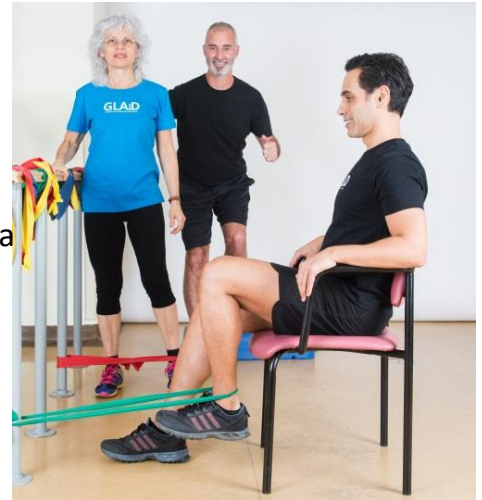
- OA Theory: up to date research on OA and treatment
- Practical: hands on experience with the neuromuscular exercises and instruction on how to deliver the GLA:D™ Canada program

Instructors:

Aileen Davis, PhD, Senior Scientist and Division Head, Krembil Research Institute, UHN
Allison Ezzatt, PT, MCISc, MSc, FCAMPT, PhD candidate, Registered Physiotherapist, North Shore Sports Medicine
Lauren Beaupre, PT, PhD, Professor of Physical Therapy and Surgery, Div. of Orthopaedic Surgery, UofA

The course includes:

- A training manual
- Ongoing access to up to date educational and exercise materials
- Promotion of your clinic as a certified site
- Follow-up support to launch the program at your location



Sign up today! www.gladcanada.ca